How it Works:

Teen Access to My Premise Health



My Premise Health is the patient portal for you and your family. When a child turns 12, their parent's or guardian's access to their My Premise Health account becomes restricted.

According to state and federal privacy laws, parents or guardians must have a teen's written consent to access their full medical records. This allows them the chance to speak honestly and independently with their healthcare providers.

If you're a parent or guardian of a teen between the ages of 12-17, you can view their health record with the appropriate permissions. This is called proxy access, and it allows you to log in to their personal account and connect to their health information.

To learn more about minor health records, scan the QR code.

Here's what you need to know about being granted access:

- You must receive your teen's permission (verbal or written) to access their account.
- Health center staff will add an "Allowed FYI" flag to your teen's chart, then send them an activation code which they can use to giveyou access.
- If desired, your teen can grant you expanded access to their account with "Adult to Teen Expanded Proxy Consent" via **My Premise Health**, or in person at your wellness center.
- Health center staff will update your proxy access in your teen's chart.
  - > This can be done through MPH or on paper if your teen doesn't have a **My Premise Health** account.
  - > For virtual primary health services, the consent form will be sent as a PDF to the parent or guardian for the teen to sign.

In addition, if a teen wishes to visit the health center unaccompanied, a new "Unaccompanied Minor Treatment" form must be signed by the parent or guardian.

Premise Health®

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